

Medical Student Rotation Guide Sports Service

Overview

Welcome to the medical student rotation on the Sports service in the Department of Orthopaedic Surgery at Rush University Medical Center! We are excited to have you on service and hope you enjoy the rotation. Our goal is for you to learn more about our program and orthopaedics. On your rotation you will spend time in our ambulatory clinics, the operating room, as well as on call. You will work with our residents, fellows, and faculty all of whom are available to answer any questions or address any concerns you may have.

Faculty, Residents, & Fellows

During your rotation on the Sports service, you will work with the following faculty, fellows, and residents:

Faculty

Bernard R. Bach, Jr., M.D.
Charles A. Bush - Joseph, M.D.
Brian J. Cole, M.D., M.B.A.
Brian Forsythe, M.D.
Shane J. Nho, M.D.
Gregory P. Nicholson, M.D.
Anthony A. Romeo, M.D.
Nikhil N. Verma, M.D.
Adam B. Yanke, M.D.

Rotation Schedule

Each day, you will be assigned to work with an attending in either the operating room or the ambulatory clinic. On the Sports rotation, a majority of ambulatory clinics that you will be covering are located in the Midwest Orthopaedics (MOR) building at Rush University Medical Center (RUMC). The MOR building is directly across the street from RUMC. You can access the building via the 4th floor of the parking garage. Our Sports attendings also have clinic or operate at the following sites:

Rush ambulatory surgery center (RSC) – 5th floor of the professional building. Starting at Au Bon Pan (Facing the parking garage), walk to the right along the glass windows. Take a left at the fork to continue along the glass windows. Continue along this path towards the professional building. Once you get to the fourth floor of the professional building at the top of the ramp, take a left to go to elevator bank #3. Take this to the fifth floor.

Rush Oak Park Hospital (ROPH) - 520 S Maple Ave, Oak Park, IL 60304. Free parking is available in the the lot directly in front of the hospital.

Gold Coast Surgicenter – 845 N. Michigan Ave., Suite 985W, Chicago, IL 60611. Speak with your resident on service about coordinating a ride the days you are working here.

Prarie Medical Center of Westchester (PMC) – 2450 S. Wolf Road, Suite F, 2nd Floor,
Westchester, IL 60154. Free parking is available in the lot right in front of the building.

Below is your typical weekly schedule barring any adjustments for vacations or other obligations.

Clinical Rotation Schedule

STUDENT	SERVICE	M	T	W	Th	Fr
#1	Sports	Dr. Bach Clinic MOR	Dr. Nho Clinic MOR	Dr. Nho OR RSC/Oak Park/Gold Coast	Dr. Bach OR RSC	Dr. Bach OR RSC
#2	Sports	Dr. Bush – Joseph OR Surgicenter	Dr. Bach OR Surgicenter	Dr. Verma Clinic MOR	Dr. Nho OR ROPH	Dr. Bush-Joseph Clinic MOR

Each week, your senior resident will confirm your daily schedule. You will typically begin your day preparing the patient list on the 13th floor of the tower building at RUMC. You and one of the residents will then round on all sports inpatients prior to our intake. All residents and medical students attend intake each morning on the 13th floor to review the consults that came in the day prior. Intake starts between 6:15a – 6:45a each morning, depending on the day of the week. You will receive a schedule for each week ahead of time. After intake, residents and medical students then work with our faculty in the operating rooms and clinics. More details about your schedule will be provided upon arrival.

Responsibilities & Expectations

Operating Room

To prepare for the operating room, students should know what cases they will be assisting in each week. Residents will typically tell you what your cases are, however, students should not hesitate to ask what the cases are for the coming week. In the operating room, we expect students to understand the relevant anatomy for each case and the indication for surgery. We do not expect students to know the steps of the case or how to do the case. If something is unclear, please feel free to ask questions. To assist in the OR, pay particular attention to draping and the workflow so that you can help after observing the first few cases. Please introduce yourself to the OR staff and be respectful of them at all times. Write your name on the white board so the circulator knows who you are. The OR staff can be your biggest advocates and will provide us feedback on how you are doing throughout the rotation. We expect that you assist with all scheduled cases each day. You will be excused from the operating room for required conferences, but please always check that the OR is adequately covered prior to leaving the hospital.

Clinic

In the clinic, we expect all students to dress appropriately and assist when asked. For men, please wear a clean pressed shirt and tie with a clean white coat. For females, please wear business

casual attire with a clean white coat. Please do not wear any low cut shirts or skirts above the knee. Please introduce yourself to all support staff including PAs, NPs, nurses, and administrative assistants. Our support staff will be extremely helpful and will also provide us feedback on your performance.

We hope that through your experience in our ambulatory clinics you will be able to perform a detailed history and physical examination for a patient presenting to an orthopaedic sports clinic. Each physician will have different responsibilities for you in the clinic. Some faculty will allow you to see patients independently, perform a detailed history and physical, present the patient, and dictate the note. Other physicians will ask that you work with a resident or fellow while in clinic. Please ask your attending physician at the start of clinic what his or her expectations are for you. If you are not given the opportunity to see patients independently or dictate you can still help with workflow and learn a significant amount about the clinical exam and indications for surgery.

Conferences & Presentations

In addition to resident didactic conference on Monday evening, medical student conference on Tuesday evening, and Grand Rounds on Wednesday morning, the Sports service has conference on Monday evening that you are expected to attend.

Recommended Readings

There is no one book that is reasonable to read for a 4 week rotation that can tell you everything you need to know about sports. However, some of the books that we use to prepare for our cases include Weisel's Operative Techniques in Orthopaedics, DeLee & Drez's Orthopaedic Sports Medicine, and Hoppenfeld's Surgical Exposures in Orthopaedics: The Anatomic Approach. We also highly recommend Netter's Concise Orthopaedic Anatomy as a resource for anatomy.

Chief Residents & Program Director

Once again welcome to the Sports service! If you have any additional questions or concerns throughout your rotation please do not hesitate to reach out to our Chief residents or our Program Director, Dr. Monica Kogan.

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